

Holy Communion

On the first Sunday of every month (and at occasional worship services), we celebrate the sacrament of Holy Communion. Sometimes, this celebration is called the “Eucharist” or the “Lord’s Supper.” We celebrate Holy Communion because it reminds us of the final meal Jesus shared with his disciples in the upper room, just before he was crucified and died. During this meal, Jesus promised his disciples that the bread (which represents Jesus’ body) and the juice (which represents Jesus’ blood) would be broken and poured out for everyone because of Jesus’ love for all of us.

In The United Methodist Church, in order to make sure everyone can take part, we use grape juice instead of the traditional wine. Furthermore, we believe that everyone who believes in Jesus Christ and desires to experience his love and grace is welcome to take communion. You don’t have to be a member of this church or any church.